

## **N.B.B. ORTHOTICS INC.**

3115 Long Beach Road 3rd Floor  
Oceanside, New York 11572  
(516) 594-9066  
Fax (516) 594-9067

NEIL B. BERGMAN, C.O.  
CERTIFIED ORTHOTIST

American Board Certified  
Member of A.A.O.P.

### **PROPER APPLICATION AND REMOVAL OF RESTING HAND SPLINT**

- Simply position fingers 2 through 5 onto splint
- Position thumb in the separate space for the thumb
- Lower Wrist and Forearm down onto splint
- Take Velcro straps and wrap over Dorsum of forearm and wrist
- Close Velcro strap over fingers 2 through 5
- Fully extend fingers flat and Re close Velcro strap
- Brace can be worn with or without cotton stockinette  
"OPTIONAL"

**CERTIFIED ORTHOTIST** \_\_\_\_\_